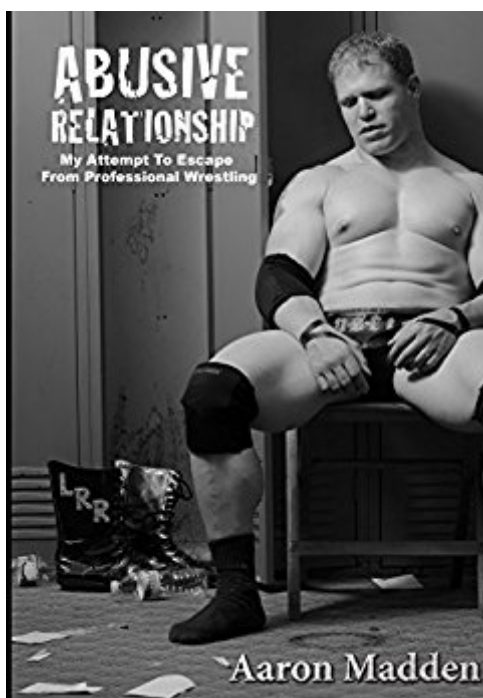


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# Abusive Relationship: My Attempt To Escape From Professional Wrestling



## Synopsis

What if your childhood dream had a tendency to become an abusive nightmare? Unbeknownst to you, all those years of hard work, dedication and desire that were sacrificed to reach that dream were ultimately leading you toward an unforeseen world of physical, mental and emotional abuse. At first the abuse didn't exist. As you began to live out your dream, you fell deeper in love with it as all the wonderful experiences you had always imagined became reality. But then one day you discovered that there had always been a price to pay. Throughout years of this pursuit, the festering nightmare began to surface. And as you attempted to escape this nightmare, you quickly realized that you were trapped. This is what happened to Aaron Madden, better known to wrestling fans as "Luscious" Rocky Reynolds. For nearly two years, Aaron journaled after every wrestling show, his abusive relationship with his childhood dream of professional wrestling. Spending nearly two decades as a professional wrestler, Aaron wrestled in numerous territories throughout the country, held dozens of championships, stepped into the ring with multiple legends, performed on national television and proudly captured and defended the NWA World Junior Heavyweight Title a remarkable four times. But as Aaron got older and became a loving husband and father, he began to find himself struggling to prioritize his love for his family with his love for professional wrestling. Wincing in pain to get out of bed in the morning, pulling out of the driveway and regretfully watching his daughters grow up in the rear view mirror, selfishly spending his anniversary at wrestling shows while his wife sat at home alone and constantly concerned that he was limiting the quality of his life with every match he wrestled, eventually brought Aaron to the realization that he had to get away from professional wrestling. But like a beaten woman who repeatedly returns to her abuser, Aaron discovered that he was trapped in his Abusive Relationship with professional wrestling.

## Book Information

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## Customer Reviews

I am in the pro wrestling business myself 12 year veteran. I have struggled with the same decisions Mr Madden has. The book starts off ok. Love to know more bout his training ,who,what,where?? Like my headline said,great reading till page 100. Mr madden basically wrestles the same 7-8 people Thur out the whole book and for the same fed. He does venture out and work some old timers,honky Tonk man,Kevin Sullivan,beefcake. But he goes back and forth. He goes Thur what a lot of us do,family or wrestling. He does not reveal the fact he has a full time job till almost 95% Thur the book. The blow by blow of the matchs and the same ppl over and over. He seems to give the backstory of each person every time he faces them. I don't see he's in a abusive relationship. He seems to have no real issue leaving his family to do shows. His words say it but never is a example shown. I give it 3 stars based on the fact a lot of guys go Thur it. But the guys who go Thur it are on the road staying days away from wife,kids. He is home every morning to see his kids. I would say save your money. After page 100 it becomes like re reading the same page over and over for the next 295 pages.

I really enjoyed reading Aaron Madden's, professionally known as, "'Luscious" Rocky Reynolds" in the wrestling world, account of and well documented "Abusive Relationship" and the struggles to leave the sport that he loved so much. Having wrestled myself, I know just how hard it is to leave, stop, retire, etc, something that has been such a large part of ones life. The daily grind takes its toll on your mind, spirit, and especially your body. There's a lot of wear and tear that one goes through from training, traveling, and finally to that final match. Athletes only have a certain number of years to make a good living as there's a small window of opportunity to make money doing something that you love. Aaron writes with a sincere passion about the struggles of being a loving father and husband. But, sometimes as a man, one must have to ultimately make a decision to leave their mistress, their other love, professional wrestling, in order to move on in life. This realization is well

written as one steps in and out of the ring with, "Luscious" throughout the book. An excellent read! Bobby Blaze Smedley

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